

FARGO VA HEALTH CARE SYSTEM SUGGESTED DONATIONS

The following items are requested for the comfort and welfare of Veteran patients as of August 2026. Please contact the CDCE with any questions or before donating items not listed.



COMFORT ITEMS

- ✓ *Deodorant (men's and women's)
- ✓ *Men's disposable razors
- ✓ *Shaving Cream
- ✓ *Unscented baby wash
- ✓ *Paddle Hair brushes
- ✓ *Toenail clippers
- ✓ *3-in-1 wash
- ✓ Chapstick
- ✓ Lens cleaner wipes for eyeglasses
- ✓ Full-size shampoo, conditioner, bodywash, and body lotion/cream

♥ Toothbrushes, toothpaste, alcohol-free mouthwash, floss/flossers, and denture cleaner/adhesive for Veterans receiving outpatient dental care

♥ NOTE: Bar soap, pens, cards and notebooks as well as travel size/hotel toiletries are **NOT** being accepted at this time.



*EMERGENCY FOOD BAGS

*These food bags have been designed to meet the needs of our unique Veteran population. Please **ONLY** include the items listed below. The Homeless Program cannot accept anything outside of this list.

Each paper or reusable grocery bag should contain:

- 3 Hormel "Compleats" (easy-open and shelf-stable meals)
- 3 individual servings of beef jerky
- 3 individual packets of trail mix
- 3 containers of Easy Mac
- 3 protein shakes
- 3 bottles of water
- 3 granola bars
- 3 fruit cups
- 3 Individual servings of tuna or peanut butter and crackers



Items most needed are marked with this symbol (*)

SHOP OUR DREAMLIST ONLINE!

Find and send items directly to us from our DreamList.

<https://www.dreamlist.com/for/fargovacdce>



FARGO VA
HEALTH CARE SYSTEM

2101 Elm Street North
Fargo, ND 58102



GIFT CARDS

Help eligible Veterans with emergent needs

- ✓ \$25/\$50 Walmart Gift Cards
- ✓ \$25/\$50 Grocery Store Gift Cards
- ✓ \$25/\$50 Dollar General/Family Dollar Gift Cards



CLOTHING ITEMS

(!) ALL ITEMS MUST BE NEW WITH TAGS OR IN ORIGINAL PACKAGING

- ✓ Sweatpants, M-2XL
- ✓ Men's underwear, M-2xl
- ✓ Hooded zip-up sweatshirts, S-2XL
- ✓ Baseball caps
- ✓ Tennis shoes, sizes 7-12

♥ No socks needed.



SEWN ITEMS

Handmade with care, used with gratitude.

- *Walker bags
- *Wheelchair bags
- *Wound vac bags
- 60° x 80° blankets or comforters in masculine colors/prints

Note: Lap robes and Afghans are not needed at this time



CHILDREN'S ACTIVITY BAGS

Individual drawstring bags filled with items to keep children busy while they attend medical appointments with their Veteran guardian.

Suggested items to include in the bag: coloring/activity/word search/reading books, crayons, stuffed animals, foam shapes, lacing cards, stickers, fidgets, small toys, etc.

(!) Please do not include food items or play-doh/slime

WE CANNOT ACCEPT DONATIONS OF :

- Used items of any kind
- Medications/medical equipment
- Artwork

QUESTIONS?

Please contact the Fargo VA CDCE at 701-239-3700 ext. 3395 or email vhafarvol@va.gov

DROP OFF DONATIONS

Please call the Center for Development & Civic Engagement to schedule your donation drop-off.

In accordance with VHA Directive 4721, we are required to state: "The Department of Veterans Affairs will not provide you, the donor, any goods or services in consideration in whole or part for your contribution."