

November 17, 2025

Dear Auxiliary Members,

I recently received a letter from Marlene Boyer, Past Department President (2015-1016), whose son Garrett Boyer is currently deployed with the US Army to Germany. Major Boyer requested his mother’s assistance in sending ‘care’ packages to troops stationed in Europe. He has respectfully asked for our support to give his troops a huge morale booster during this time of uncertainty. See page 2 for Major Boyer’s remarks to his mother requesting assistance for his soldiers.

I have included below a list of Major Boyer’s requests for his troops. I ask that you as an individual auxiliary member or as a unit consider sending a ‘care’ package to a soldier deployed to Germany. Ship packages to:

**MAJ Garrett Boyer
 603rd ASB
 PSC 416 BOX 6158
 APE AE 09140**

Below is a list of items Major Boyer has requested for his troops.

- Prepaid Gift Cards (any amount)
- O’Keeffe’s “Working Hands” hand cream.
- Chapstick or Lip repair balm
- Gloves
- Black fleece hats (adult size)
- Socks
- Candies such as gummies and hard candies that will not melt are (always welcome)
- Snack items such as packaged Oreos, chips, crackers.
- Personalize cards are always great to receive, especially around the holiday season. Individuals in leadership positions could also benefit from correspondence and encouragement (example: Christmas Greeting Cards)

United States Customs will NOT allow any of the following items to be shipped or distributed:

Alcoholic beverages	Cheese or cheese products
Controlled substances	Coffee or coffee products
Tobacco products	Meat or meat products
Cigarettes or Vaping products	Milk or milk products
Medication of any kind, including over the counter items	Over the counter vitamins or nutritional supplements.

Candace Berg, Department President (2025-2026)

PS: Excerpt of Major Boyer’s remarks – see page 2.

"Greetings to you! I hope you are doing well; I am currently in rotation as the behavioral health officer (BHO) with the 3CAB stationed throughout Europe. I have been here for a few weeks now and I am becoming aware of some things that would be very helpful in enhancing the morale and overall well-being of the soldiers deployed here. I know with your role as a representative of the American Legion Auxiliary, you are in a unique position to provide assistance.

This may sound odd, but several soldiers are extraordinarily concerned about finance. With the government shutdown and the looming threat of missed paychecks, money has become a significant stressor. The temperature difference between our station of record (Savannah, Georgia) and Germany is noteworthy. Many soldiers have not adapted well to this change. Care packages are always a huge morale booster.

Speaking specifically on behalf of the medical team, we are struggling for connectivity. The Army expects us to engage in our respective medical practice professionally and ethically, but we are all having considerable challenges with connectivity to internet service. This is due in part to the limitations of trying to integrate American programs with European networks....Several of us have independently purchased German internet data for the sole purpose of clinical work. Though necessary for our work, we cannot be reimbursed for these expenses. Financial support for these dedicated medical providers would be a welcomed gift.

Being the Unit's BHO and part of the Battalion commanders' special staff, I have connection to the soldiers in our footprint and a good pulse on the soldiers who need help and support right now.

Anything the American Legion Auxiliary can provide would be gratefully appreciated. Thank you and the American Legion Auxiliary in advance for your kindness and support for troops serving overseas."

We appreciate you.

Very Respectfully, Major Garrett Boyer, Psy.D, USA."