

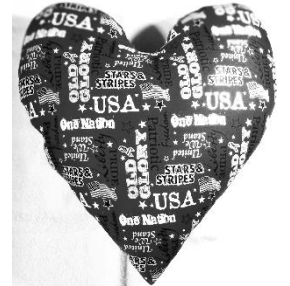
# Heart Pillow

Facilities using this Pattern are:  
**Fargo and Minneapolis VAHCS**

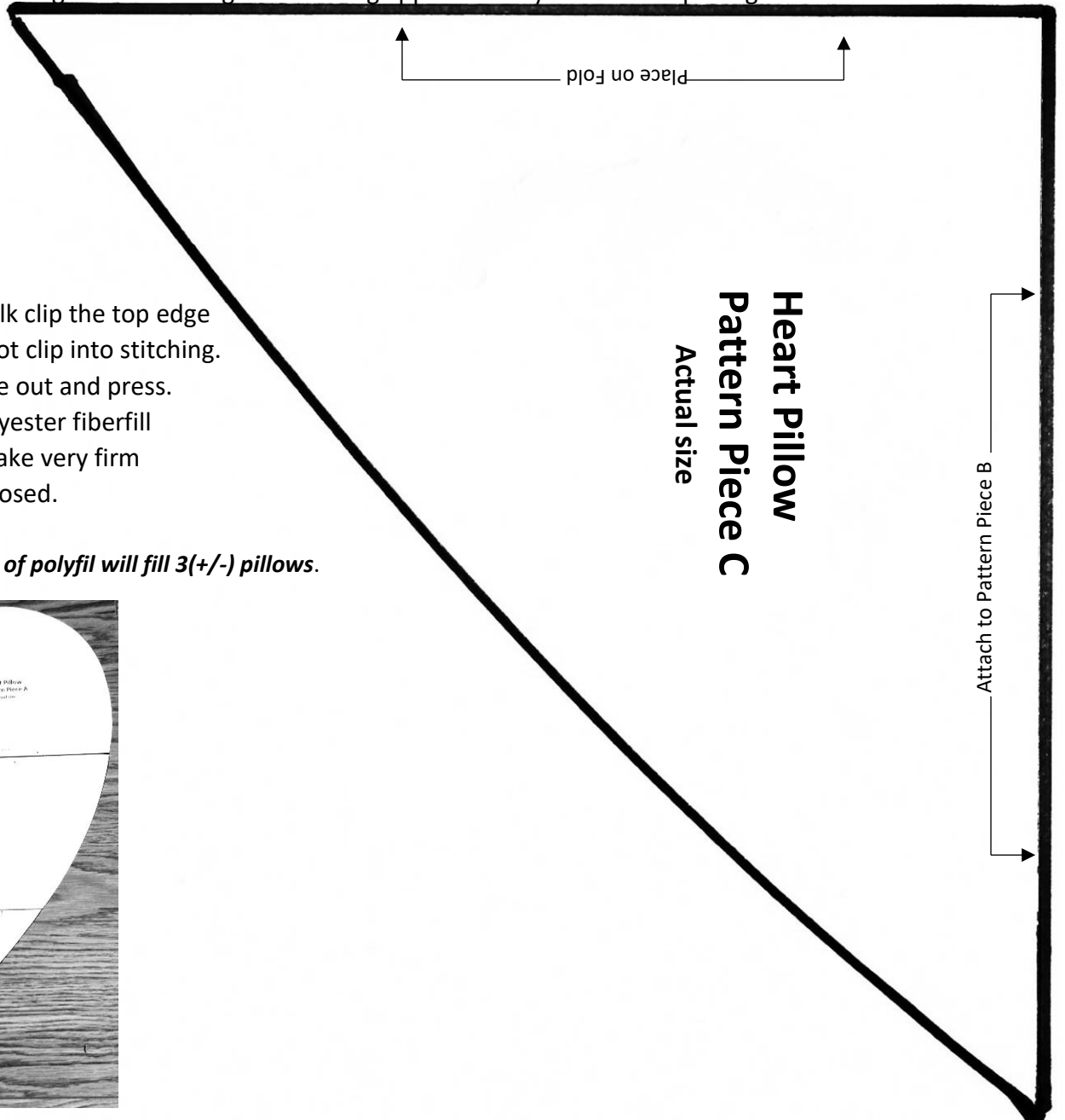
(as always contact facility to be sure they are in need before spending your \$\$ and time)

**Needed:**

- 3/4 yard of Fabric plus 3/4 yard of contrasting (Total 1 1/2 yards of fabric)
- Polyester Fiberfill
- Thread Needle to hand stitch closing
- Sewing machine
- 1/4-inch seam allowance for seams unless noted
- Finished size is approximately 18x18 inches

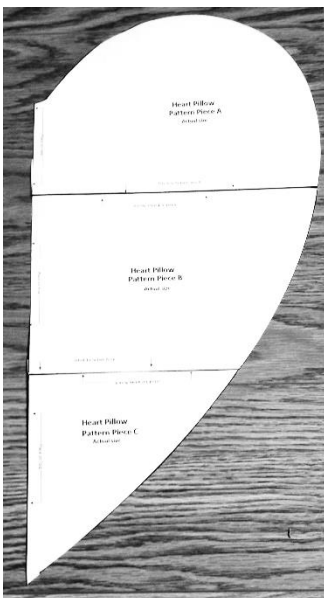


1. Attach pattern pieces together. Arrows do not match up. (see photo below)
2. Cut 1 from fabric plus Cut 1 from contrasting fabric (Cut 2 total)
3. With right sides together stitch together leaving approximately a 3-4-inch opening on one side.



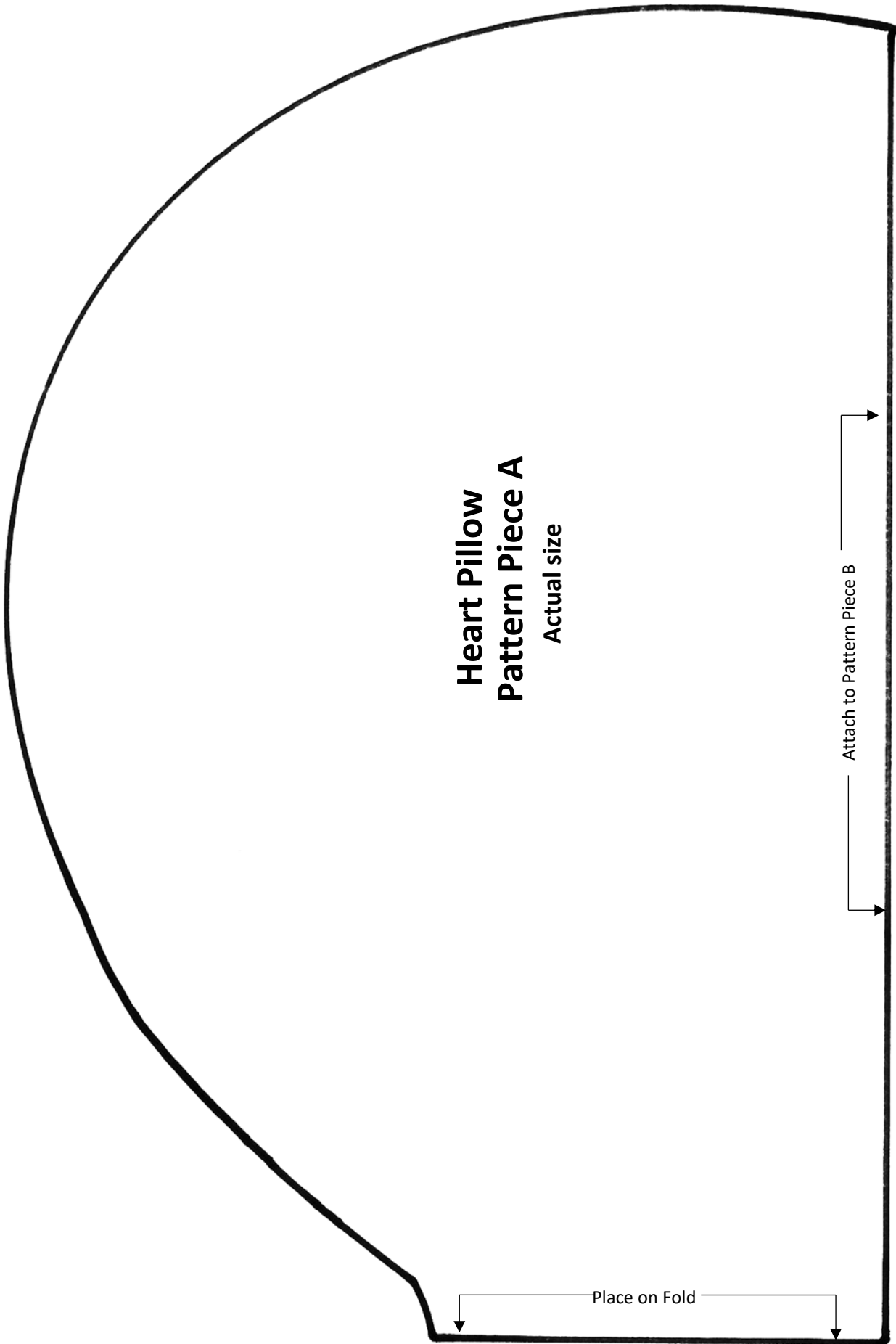
4. To Reduce bulk clip the top edge curves – do not clip into stitching.
5. Turn right side out and press.
6. Stuff with polyester fiberfill
7. be sure, to make very firm
8. Hand stitch closed.

**NOTE: A 50 oz bag of polyfil will fill 3(+/-) pillows.**



**Heart Pillow  
Pattern Piece A**

Actual size



Place on Fold

Attach to Pattern Piece B

