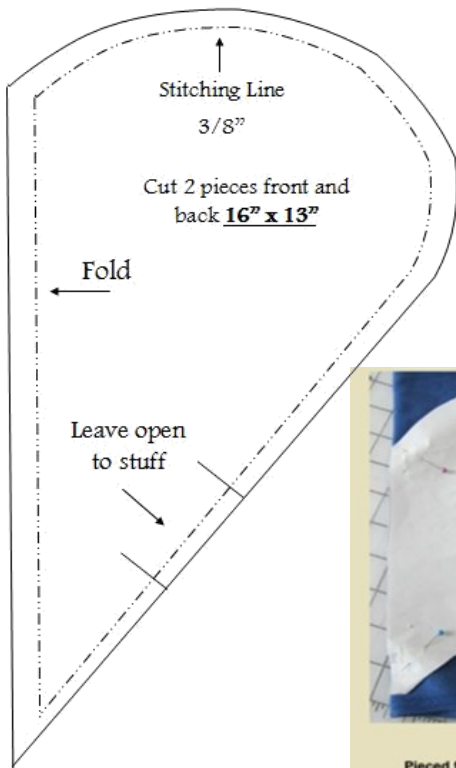


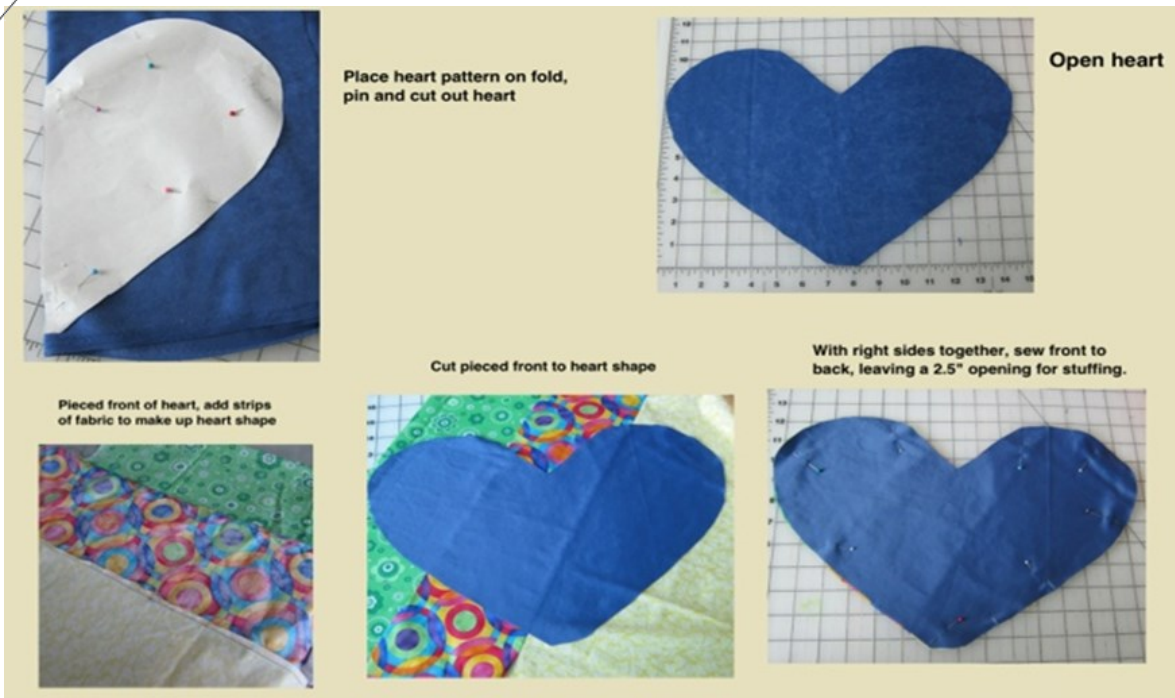
Heart Pillow Sewing Instructions

Supplies Needed: Heart Pattern (see below), sewing machine, coordinating thread, pins, hand sewing needle, iron, poly-fil and fabric

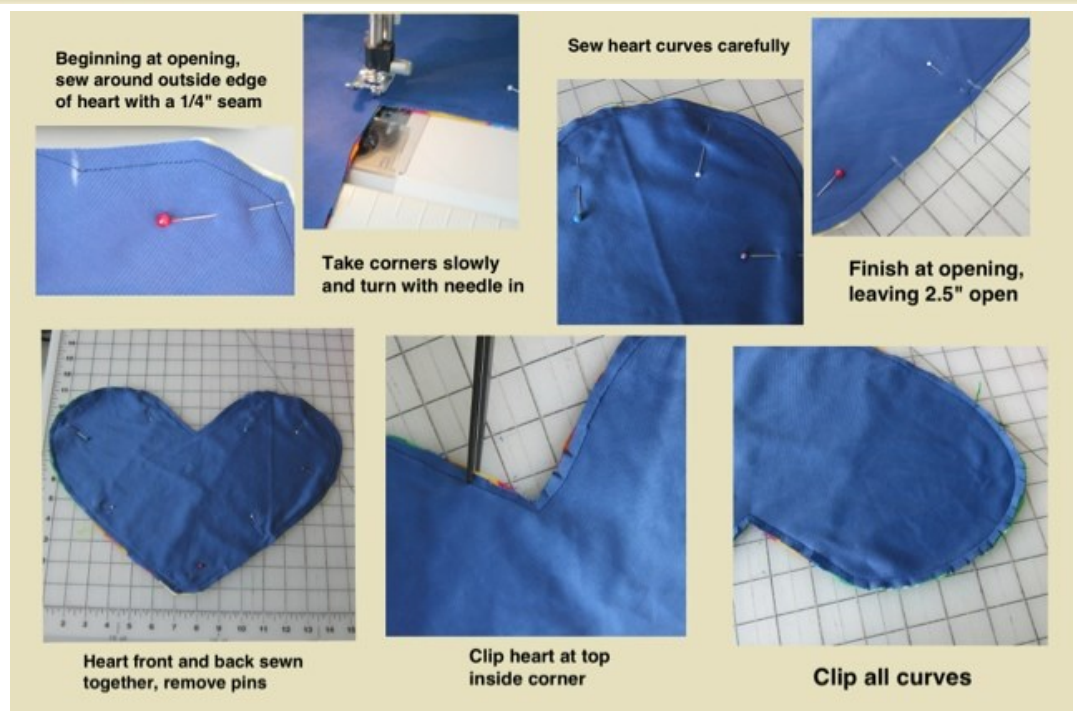
Fabric: Cotton fabric or microfiber. Washable fabrics are best.
Pre-Wash all fabrics.



1. Cut out two hearts with pattern placed on fold. One is for the front and one is for the back. If piecing either heart, sew pieces together with a 1/4" seam allowance to make up a heart shape.
2. With right sides together, pin front to back.



3. Sew front to back with a 1/4" seam allowance, leaving a small 2.5" opening on a straighter area of the heart (see images) Beginning at opening, sew around. Take corners slowly and make turns with needle in. Finish at the opening



Heart Pillow Sewing Instructions Continued

5. Turn right sides out, carefully opening all seams
6. Press
7. Fill pillow with Poly-Fil, put stuffing towards curved heart edges to fill out heart, fill center, then finally the lower tip.
8. Pin and close opening by hand with a small blind stitch

